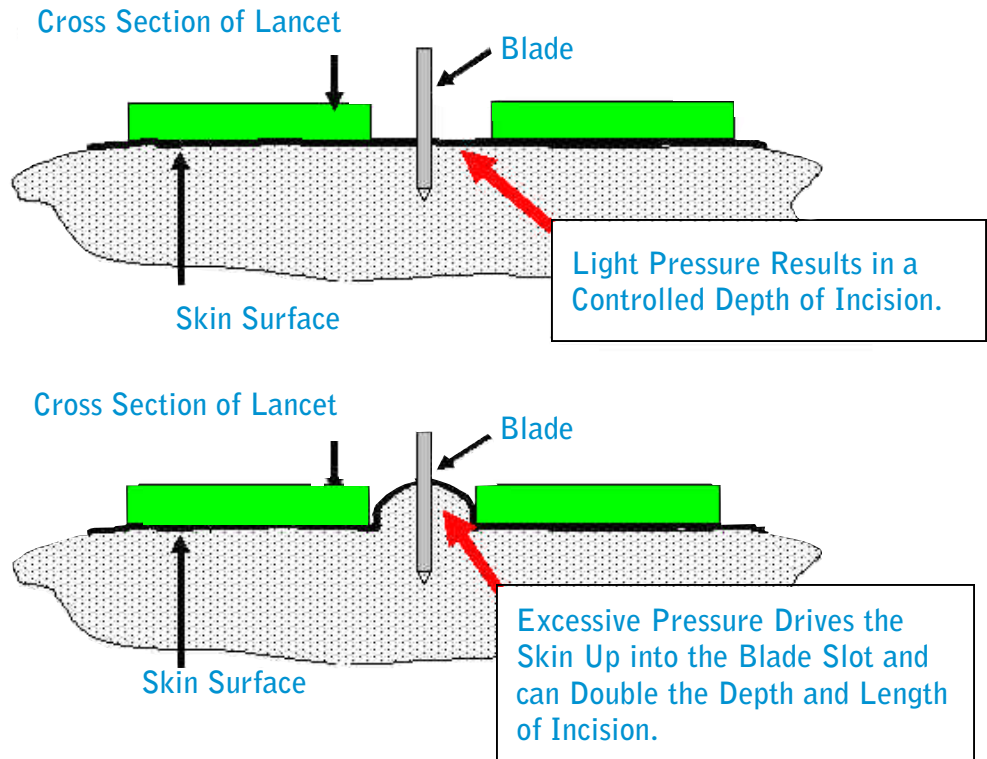


Technique Makes A Difference

Tips from clinicians using the Hawaii Medical NeatNick™

EFFECT OF EXCESSIVE PRESSURE WHEN USING HEEL LANCETS

Unlike NeatNick, some other heel lancets require excessive pressure to minimize the “jump” effect or to provide sufficient blood flow. Excessive pressure with NeatNick is unnecessary and may cause too much blood flow.



If You Get Too Much Blood Flow:

- 1. USE THE CORRECT DEVICE**
NeatNick is for LAB DRAWS (.2cc and greater)
NeatNick is NOT FOR GLUCOSE TESTS when you need just a drop of blood.
For Glucose tests, use a glucose lancet – like SugarPlum™
- 2. USE THE RIGHT SIZE DEVICE**
For babies weighing more than 1,800-2,000 grams (4-5lbs) use Full-Term Size NeatNick (Mango Orange).
If in doubt, use Preemie Size NeatNick (Lime Green), for babies weighing less than 1,800-2,000 grams.
NOTE: THESE SIZE GUIDELINES MAYBE DIFFERENT THAN WHAT YOU ARE CURRENTLY USING.
- 3. ADJUST PRESSURE**
When firing NeatNick adjust pressure as needed. (see Diagram). More pressure increases blood flow. Remember to give up the old habit of bearing down when firing the device.
- 4. APPLY PRESSURE TO THE INCISION**
For 10 seconds in accordance with NAAN guidelines.

If You Get Too Little Blood Flow:

- 1. USE THE RIGHT SIZE DEVICE**
For babies weighing more than 1,800-2,000 grams (4-5lbs) use Full-Term Size NeatNick (Mango Orange).
- 2. PLACE NEATNICK SNUGLY AGAINST THE HEEL WHEN FIRING!**
Try applying just a little more pressure when firing NeatNick on babies that don't bleed well.

Practice and Patience!
Caregivers say it may take a week or so to change technique and become comfortable with a new heel lancet.

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